

SAFETY TRAINING

Offered by the City of Gaithersburg
Spring 2014
Lifeguard Class Schedule

	<u>Non-Residents</u>	<u>City Residents</u>	<u>Aquatic Members</u>
Lifeguard Training (Materials Included)	\$195.00	\$185.00	\$175.00
CPR/AED Re-Certification (Books <u>NOT</u> Included)	\$75.00	\$70.00	\$65.00
Lifeguard Training Re-Certification (Books <u>NOT</u> Included)	\$125.00	\$115.00	\$105.00

The American Red Cross Lifeguard Training course will certify you in Lifeguard Training, CPR/AED for the Professional Rescuer, and First Aid. Students **must be 15 years old by the last day of the course** (proof of age required) and **pass a pre-screen test** (300 yard continuous swim with rhythmic breathing using front crawl or breast stroke, 10 lbs brick retrieval within one minute forty seconds and tread water using legs only for two minutes) on the first pool day in order to continue participation in class. If you do not pass the pre-screen, you will be issued a full refund. Space is very limited. Class sessions will be held at the Gaithersburg Activity Center (506 S. Frederick Ave. Gaithersburg MD 20877) and the Lakeforest Sport and Health Club Swimming Pool (700 Russell Ave. Gaithersburg MD 20877). A detailed Course Schedule / Syllabus will be provided on the first day of class. Students MUST attend all class sessions as scheduled. **Re-Certification Class Note:** Students registering for a re-certification class must present their American Red Cross certification card on the first class session. Certifications must be current in order to participate in a re-certification class.



REGISTRATION INFORMATION:

Fill out the registration form included with this flyer. You can register **in person** at the Gaithersburg Activity Center (506 S. Frederick Ave.), **on-line** at www.gaithersburgmd.gov/recxpress, **by fax** (301-948-8364 or 301-258-6449), or **by mail** (512 S. Frederick Ave. Gaithersburg MD 20877). Payment is due at the time of registration. If you have any questions, please call the Aquatics Administrative Office at 301-258-6445 during business hours or email: aquatics@gaithersburgmd.gov. Make checks payable to: "The City of Gaithersburg".

Lifeguard Training Course (Includes CPR/AED and First Aid) #39433

Day	Date	Times	Location
Monday	3/3/14	7-9pm	Lakeforest Sport and Health
Wednesday	3/5/14	6-9pm	Gaithersburg Activity Center
Thursday	3/6/14	6-9pm	Gaithersburg Activity Center
Saturday	3/8/14	1-5:30pm 6-9pm	Gaithersburg Activity Center* Lakeforest Sport and Health*
Sunday	3/9/14	1-5:30pm 6-9pm	Gaithersburg Activity Center* Lakeforest Sport and Health*
Wednesday	3/12/14	6-9pm	Gaithersburg Activity Center
Thursday	3/13/14	6-9pm	Gaithersburg Activity Center
Saturday	3/15/14	6-9pm	Lakeforest Sport and Health
Sunday	3/16/14	6-9pm	Lakeforest Sport and Health

***PARTICIPANTS MUST PROVIDE THEIR OWN TRANSPORTATION BETWEEN FACILITIES !!!**

The City of Gaithersburg is currently hiring Lifeguards, Swim Instructors, Cashiers and support staff for the summer season. We offer great pay and a professional atmosphere. Safety training course fees are reimbursed to staff – ask for details.

Apply on-line at www.gaithersburgmd.gov/jobs. Call 301-258-6445 or email aquatics@gaithersburgmd.gov for more information.

**See NEXT PAGES for
Re-Certification Classes
and Registration Form**

Re-Certification Classes

Lifeguard Re-Certification Course (Includes CPR/AED and First Aid) #39439

Day	Date	Times	Location
Saturday	3/22/14	1 – 5pm	Gaithersburg Activity Center
Saturday	3/29/14	2 – 5:30pm 6 – 9pm	Gaithersburg Activity Center* Lakeforest Sport and Health*

Lifeguard Re-Certification Course (Includes CPR/AED and First Aid) #39442

Day	Date	Times	Location
Thursday	3/27/14	5:30 – 9:30pm	Gaithersburg Activity Center
Sunday	3/30/14	2 – 5:30pm 6 – 9pm	Gaithersburg Activity Center* Lakeforest Sport and Health*

Lifeguard Re-Certification Course (Includes CPR/AED and First Aid) #39443

Day	Date	Times	Location
Wednesday	4/16/14	1 – 5pm	Gaithersburg Activity Center
Saturday	4/19/14	2 – 5:30pm 6 – 9pm	Gaithersburg Activity Center* Lakeforest Sport and Health*

***PARTICIPANTS MUST PROVIDE THEIR OWN TRANSPORTATION BETWEEN FACILITIES !!!**

CPR/AED Re-Certification Course #39435

Day	Date	Times	Location
Saturday	3/22/14	1 – 5pm	Gaithersburg Activity Center

CPR/AED Re-Certification Course #39436

Day	Date	Times	Location
Thursday	3/27/14	5:30 – 9:30pm	Gaithersburg Activity Center

CPR/AED Re-Certification Course #39437

Day	Date	Times	Location
Wednesday	4/16/14	1 – 5pm	Gaithersburg Activity Center



Re-Certification Class Note: Students registering for a re-certification class must present their American Red Cross certification card on the first class session. Certifications must be current in order to participate in a re-certification class.

****During all day classes, make sure to bring a water bottle, snacks and a bag lunch.**
We will try to give you a break to eat, but because of the intensity of the class, we cannot guarantee an extended break.

You **MUST** be able to attend all classes as scheduled to be certified.**

NOTIFICATION:

You will not be notified unless there is a problem with your registration or if the class is cancelled; otherwise you should attend the first class at the date, time, and location listed in the class schedule.

**CONTACT INFORMATION**
**Administrative Offices
at the Water Park**

512 S. Frederick Ave.
Gaithersburg, MD 20877
301-258-6445

Gaithersburg Aquatic Center

(open evenings & weekends)

2 Teacher's Way
Gaithersburg, MD 20877
301-258-6345

REGISTRATION FORM

FAX REGISTRATION to 301-948-8364 or 301-258-6449

☐ **YES! I would like to be added to the Aquatic e-mailing list. (Please neatly print entire e-mail address below)**

☐ Check here if new address/phone since last time registered. **E-mail:** _____

Payer's Last Name: _____ Payer's First Name: _____ M ☐ F ☐

Address: _____ City, State Zip: _____

Home Phone: _____ Work Phone: _____ City Resident ☐ Non-Resident ☐

Participant's Name Last, First	Sex M/F	Birthdate M/D/Y	Age	Activity/Class Name	Activity #	Start Date	Day	Time	Cost
Example: Doe, John	M	01/05/98	15	Lifeguard Training	12345	2/15	MW	4pm	\$195

Non-Residents, please add the NR fee. **TOTAL: \$** _____

Through the registration process, I hereby grant permission for me/my child to attend the activity sponsored by the City of Gaithersburg. I understand that I am responsible for me/my child's insurance in case of injury. Furthermore, I understand that although safety precautions will be observed, the City of Gaithersburg, employees and agents will not be responsible for any personal property lost by me/my child or for any injury sustained in the program. I also consent to the City's use of any photographs and/or video tapes made of the program.

Print Participant Name(or Parent/Guardian if under 18)

Signature of Participant (or Parent/Guardian if under 18)

The City of Gaithersburg is committed to making reasonable accommodations as required by the American with Disabilities Act. Requests must be made two weeks prior to the start of the program. Please call 301-258-6445 to indicate what accommodations are needed.

Amount Paid: \$ _____ ☐ Cash ☐ Check # _____

☐ Visa / MC / Disc # _____ Expiration Date: ____/____

Signature (name on card) _____

Print Name _____

OFFICE USE ONLY:

Received: _____ Initials: _____

W P M F Resident? Y N

Processed: _____ Date: _____